



CHRIST COLLEGE

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ELIZA FERRIE PUBLIC LECTURE

# WHAT TO DO INSTEAD OF WORRYING

*with*

TIMOTHY WITMER



16 AUGUST 2017, 7:30PM

[CHRISTCOLLEGE.EDU.AU/ELIZAFERRIE](http://CHRISTCOLLEGE.EDU.AU/ELIZAFERRIE)

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”  
Philippians 4:6-7

Worrying and anxiety seem to be a part of everyday life. But does it have to be this way? Join us as Dr. Timothy Witmer teaches us practical ways for real people to deal with real problems. If you've ever worried about anything, or cared for someone struggling with worrying and anxiety, this is a talk not to miss!

Cost is free, but please RSVP via the website.

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## *About* Timothy Witmer

Dr. Timothy Witmer has taught at Westminster Theological Seminary for nearly 20 years and has been in pastoral ministry for 38 years.

At Westminster Dr. Witmer serves as Professor and Coordinator of the Department of Practical Theology, and oversees the Mentored Ministry and Master of Divinity programs. He was ordained as a Minister of the Gospel by the Presbyterian Church in America (PCA) in 1979 and is now Pastor of St. Stephen Reformed Church, a congregation of the PCA.



Dr. Witmer is the author of *The Shepherd Leader* (P&R, 2010), *The Shepherd Leader at Home* (Crossway, 2012), and *Mindscape: What to Think About Instead of Worrying* (New Growth Press, 2014). He holds a B.A. from West Chester University (where he was recognized as Distinguished Alumnus in 2013), an M.Div. from Westminster Theological Seminary (1979), and the Doctor of Ministry degree from Reformed Theological Seminary, Orlando, Florida (1998).